



The POSTSECONDARY SUPPORT PROJECT *PSP*

CENTER ON DISABILITY STUDIES
UNIVERSITY OF HAWAI‘I AT MĀNOA

TRANSITION PROGRAMS FOR STUDENTS WITH INTELLECTUAL DISABILITIES INTO HIGHER
EDUCATION (CFDA #84.407A)



**College of
Education**

UNIVERSITY OF HAWAI‘I
AT MĀNOA



POSTSECONDARY SUPPORT PROJECT *PSP*

- We work to create Inclusive College Campuses that provide support for people with a variety of abilities and support needs to be successful.
- **(Really) Inclusive** — PSE is meant to mean programs that include students with intellectual disabilities.



POSTSECONDARY SUPPORT PROJECT *PSP*

We provide **Transition And Postsecondary Support** for students with disabilities beyond what is provided by other on-campus support providers.

- Agency Partnerships (DVR, DDD, DOE, DDC)
- Secondary School Transition
- Modified model to serve at-risk Native Hawaiian Students



POSTSECONDARY SUPPORT PROJECT *PSP*

We are building Inclusive Campuses not Inclusive Programs.

Students can attend any **UH System Community College** campus.

Developing **IPSE initiatives in Saipan (CNMI) & American Samoa.**

We are partnering to develop 4-year programs.

No t-shirts, banners, or program identity promotion.



HAWAI'I PSP PROJECTS

3 Funding Streams

- **PSP – TPSID**
FEDERAL GRANT FOR STUDENTS WITH ID
- **PSP – DDD**
COLLEGE SUPPORTS FOR DDD PARTICIPANTS
- **PSP – DVR**
COLLEGE SUPPORTS FOR DVR PARTICIPANTS



PSP TPSID

- **Refunded thrice for Federal Grant 2020-2025**
- **Fall 2023: 10 Students with ID in the Project on O'ahu- LCC, WCC, HCC, KCC**
- **2019- 1st TPSID Student Graduated with Associates Degree in Applied Science Degree in Human Services, continued on and received a Bachelor Degree in Spring 2022 from UH Manoa in Human Development and Family Studies.**



Spring 2023 TPSID Outcomes

- **9 Students with ID/DD took 14 community college courses**
 - **4- A's (Bus, Art, Creative Media)**
 - **5- B's (Hawn Studies, Culinary, Hist)**
 - **2 C's (Human Services, Psychology)**
 - **1 I- Turned into a C (Mgmt)**
 - **2 W- (Eng)**
- **5 Students completed Summer Employment 2023**
- **3 Held Paid Work Positions in the community**
- **1 Volunteered**



PSP DDD

- **PSP – Contract with DDD to Support Agency Consumers**
- **Fall 2023- 8 Students with DDD services receiving PSP Support**



PSP DVR

- **PSP – State Contract with DVR to provide PSE support for DVR participants**
- **VR Counselor Referred**
- **Fall 2023- 29 students at 7 UH-system campuses receiving PSP support**



PSP MODEL COMPONENTS

- **HIGH EXPECTATIONS – SETTING THE BAR HIGH**
- **AN AGENDA FOR SELF-DETERMINATION**
- **PERSON-CENTERED PLANNING (PCP)**
- **AUTHENTICITY**
- **FRONT DOOR-FIRST APPROACH**
- **EMPLOYMENT EMPLOYMENT EMPLOYMENT**



FRONT DOOR FIRST!

- **Prioritize EXISTING Campus Resources & Supports**
- **Prioritize NATURAL Supports**
- **Prepare Students to Access these Supports**
- **Build Capacity of Existing Supports to SERVE ALL STUDENTS**



“ADAPTIVE” EDUCATIONAL COACHING

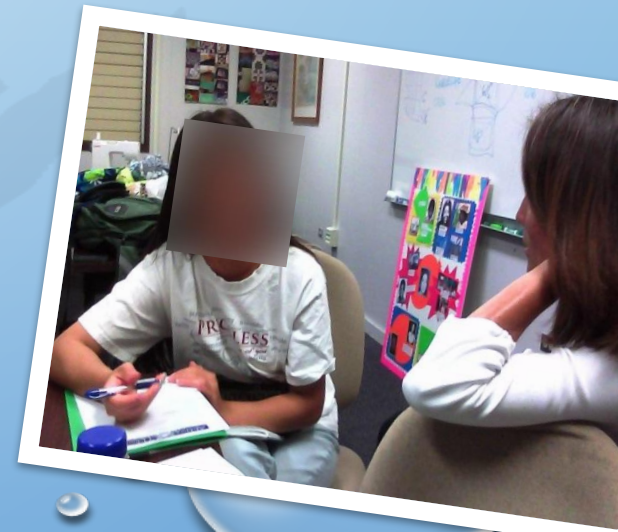
- **System Navigation ***
- **Executive and Soft Skill Development**
- **Employment Exploration ***
- **Self Determination Coaching**
- **Academic Skill Development**
- **Person Centered Planning Partner**





“ADAPTIVE” EDUCATIONAL COACHES

- **INVISIBLE...as Possible ***
- **Meet One-on-One with student ***
- **Work with Each Student ~3 Hours a Week**
- **Identify Potential Student Needs & Issues**
- **Identify On-Campus Supports & Activities**
- **Coordinate PSP Activities**





PEER MENTORING

- **Trained Peer Mentors On Four Campuses**
- **Activities: Peer Coaching, Socialize On Campus, Attend Workshops And College Activities Together, Study Together, Support Students**
- **Peer Mentors Meet with Students on a Weekly Basis**
- **Peer Mentors Work with PSP Through Education Programs (Practicum Hours) or as Paid Employees**

PSP

**SUMMER EMPLOYMENT
OPPORTUNITY**

PSP SUMMER EMPLOYMENT

PURPOSE:

- DEVELOP THE SKILLS NEEDED TO TRANSITION FROM COLLEGE TO THE WORKFORCE.
- APPLY SKILLS LEARNED IN COLLEGE AND COACHING TO A WORKPLACE.
- WORK WITH COACHES WEEKLY TO BUILD SOFT SKILLS.

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PSP SUMMER EMPLOYMENT

BENEFITS:

- GAIN WORK EXPERIENCE
- EXPLORE JOB INTERESTS AND CAREER GOALS
- DEVELOP CONFIDENCE, AWARENESS OF STRENGTHS & AREAS FOR GROWTH
- UP TO 19 HOURS/WEEK OF PAID EMPLOYMENT ON CAMPUS
- EXPERIENCE EMPLOYMENT ON A COLLEGE CAMPUS

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SUMMER EMPLOYMENT OPPORTUNITY

When: May 15–August 17, 2024
Hours: 6–19 hours per week

Purpose:

To help you gain work experience and apply skills you are learning in class and coaching to the workplace.

Benefits

- ✓ Identify future career goals
- ✓ Develop confidence and awareness of strengths and weaknesses as an employee
- ✓ Increase skills for independence
- ✓ Practice social skills
- ✓ Be involved in your community
- ✓ Build resumé, cover letter, and interview skills

**For more info
contact Jane Ip:**
janeip@hawaii.edu

EARN
WHILE YOU LEARN!

Support:

You will continue one-on-one coaching outside of working hours. The coach will assist with the transition and orientation to the worksite.

Pay:

At least minimum wage through the UH student employment system.



Postsecondary Support Project
cds.coe.hawaii.edu/psp

YOU TEACH THE SKILLS, WE PAY THE INTERN.

Summer Employment Internship

May 15 - August 17, 2024

About

The Postsecondary Support Project (PSP) is offering its Summer Employment Internship for PSP student participants. This internship aims to provide an opportunity for students to apply what they have learned in college to the work setting. We are looking for on-campus partners to provide summer work opportunities for students with disabilities.

Hosting Benefits

- Promote an inclusive workplace
- Increase department productivity
- Hire a potential long-term employee
- Diversify your workload and skills with assistance from interns
- Help develop interns' work experience, skills, and career goals
- Gain unique experiences by hiring interns from diverse backgrounds and abilities

“ Hosting the summer student interns has been an instructive and rewarding experience. As a supervisor, the internships helped me to develop greater understanding, empathy, and adaptability. ”
Kalekona Kingsbury, LCC Library

Contact Us

For inquiries or more information:

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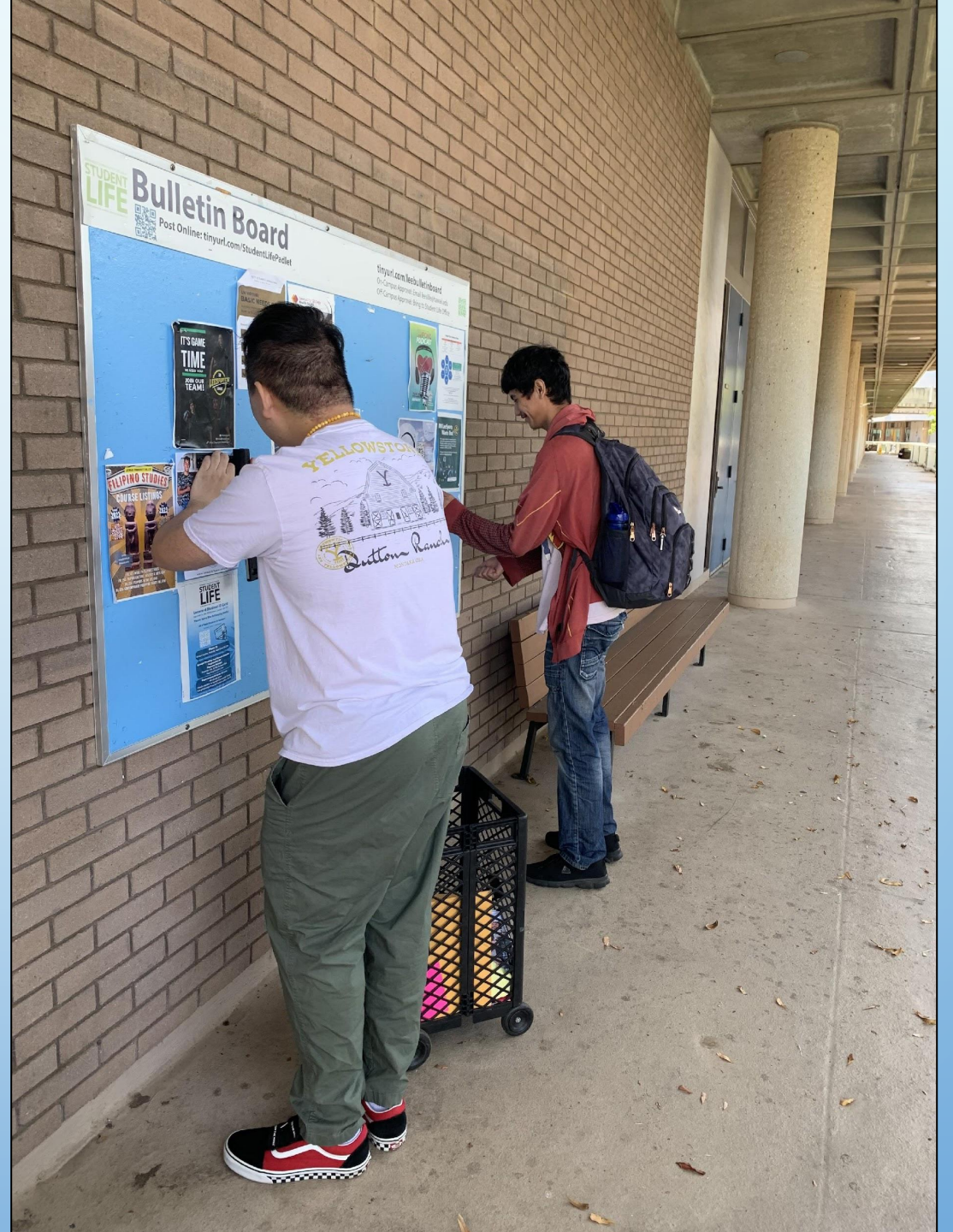
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Postsecondary Support Project
The University of Hawai'i
Center on Disability Studies







What does

Determination mean?

DETERMINE means to “decide” or “choose.”

SELF DETERMINATION is when you have the awareness, skills and power to make the **INFORMED** decisions for yourself and your future.

Self-Determined people choose their own paths



SELF

A R E A



A SELF WARENESS



Self Awareness is key to your development of a self-determined vision of your life.

To make your own decisions and choices...

you will need to know your preferences, strengths, challenges, values, and habits.

SELF- **R**EGULATION



Self Regulation is the ability to **manage** one's thoughts, behaviors, and actions appropriately and constructively. Your Self Regulation skills will help you achieve your goals.

Examples: Taking care of yourself, getting enough sleep, learning to control your emotions or habits, predicting the effect of your actions/decisions on yourself and others.

SELF- **E**FFICACY



A person's belief that he or she can achieve something new based on previous achievements or experiences.

It is like Self Confidence ... but with **PROOF** or **EVIDENCE**

SELF- **A**DVOCACY

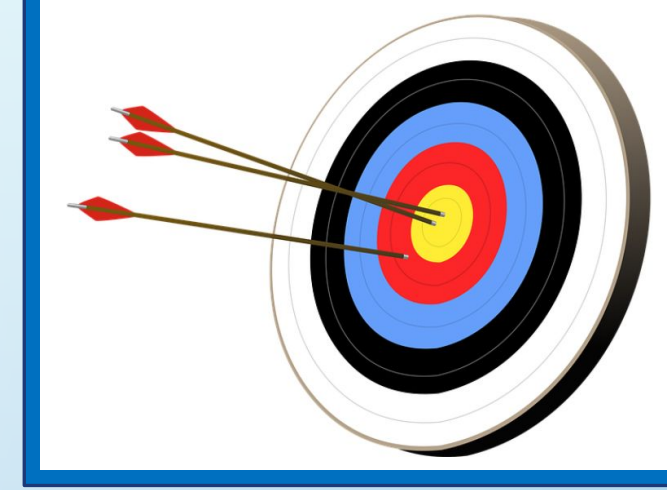


Achieving our goals may require having the support of others.

People may need to communicate their visions or request support/partnership to achieve their goals. Self-Advocacy is KEY to a person's ability to find allies and support as he/she works toward identified goals.

To be an Advocate: A person needs to develop a voice to express ideas, goals, needs, and to pursue partnership, support, assistance, or opportunities.

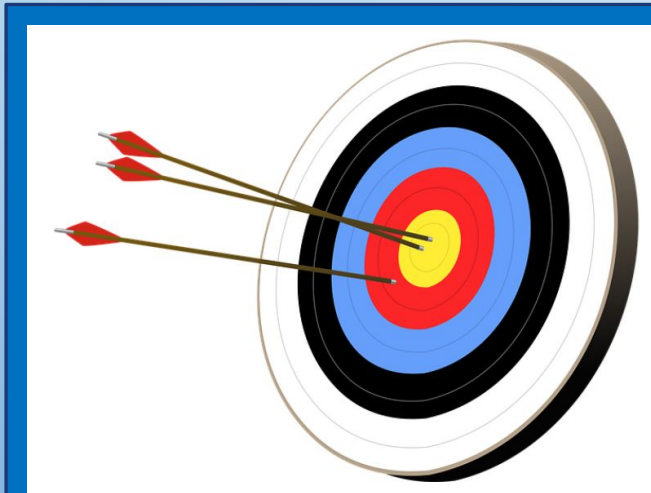
GOAL SETTING



Goal Setting is a skill that empowers people to identify a goal, make and work on a plan of action, track and review progress, and make adjustments as needed.

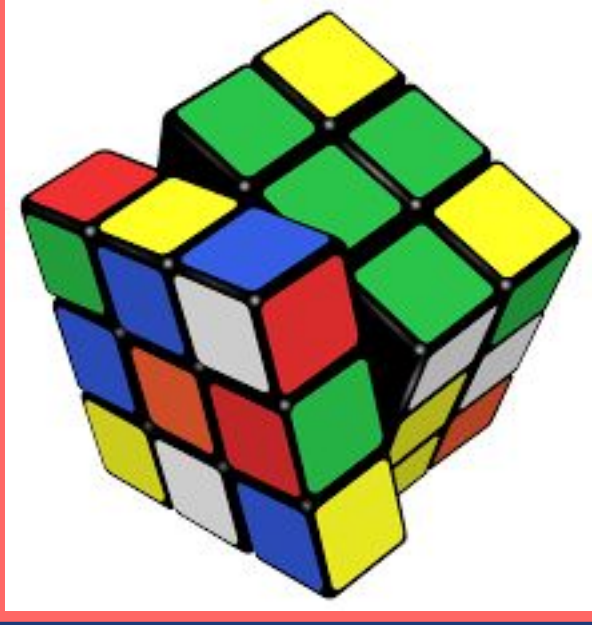
A GOAL is a DREAM with a PLAN...
that you will actually DO!

SMART GOALS



- **S** PECIFIC
- **M** EASURABLE
- **A** TTAINABLE
- **R** EALISTIC
- **T** IMELINE

PROBLEM SOLVING



...is a skill a person needs to **understand** challenges they encounter, **identify** and **consider** possible solutions, and **determine** which way forward.

DECISION MAKING



...is a skill that empowers people to **identify** the various options they have, **consider** these options in an informed manner, and **select** the best option/options given the person's goals, life vision, and situation.



CAMP MĀNOA

Self Determination Camp

On-Campus Training Activities

UH Dorms (4 days/3 nights)

Independent Living Experience

Students with/without disabilities.

Partnership with COE



Join us for **CAMP MĀNOA**



Summer 2024 We Are Welcoming:

- **Out of State IPSE Students**
- **Fellowships for Pre-Service Special Education Teachers and others**

Inclusive eSports Summer Camp





SD Training and IPSE Outreach and Training

[LINK for Training](#)

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THANK YOU!

For more information:

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